

EASTON VILLAGE NEWS



Derek Balcombe and other members of the Easton and Letheringham Gardening Club helped children at the Primary School to make bird boxes. Read more inside.

November 2025

Useful Contact details

Parish Councillors:

Dave Ladbrook T:07730 432542 (Chair & Play Area)

E: chair@eastonsuffolkparish.gov.uk

Bob Gibbon T:01728 746866 (Vice Chair & Emergencies)

E: cllr.gibbon@eastonsuffolkparish.gov.uk

Fiona Siddall T:01728 746517 (Play Area)

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Ian Palfreyman T:07775 652820

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Gary Edwards T:01728 747970 (Footpaths)

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Derek Balcombe T: 01728 768215 (Cemetery & Burials)

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Pam Bennett-King T: 01728 747370

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Clerk—Andrew Staples E: clerk@eastonsuffolkparish.gov.uk

Parish Council website <https://eastonsuffolkparish.gov.uk/>

Suffolk County Councillor:

Elaine Bryce T: 07955 434440

E: Elaine.bryce@suffolk.gov.uk

East Suffolk District Councillors:

Owen Grey (Lib Dem)

E: owen.grey@east Suffolk.gov.uk

Vince Landon-Morris (Green)

E: vince.langdon-morris@east Suffolk.gov.uk

All Saints Church

Rev. Ann Kember (Priest-in-charge)

T: 07369 240252

Note: Ann is not available Weds/Thurs/Fri

E: annkember58@gmail.com

Jane Woodbury-Eggins (Lay Elder)

T: 01728 746667

Peter Bennett-King (Churchwarden)

T: 01728 747370

Village Hall

Lorna Edwards (Bookings)

E: lornakhedwards@gmail.com

Village Hall website

www.yourhall.co.uk Search Easton

Village Website

www.easton.onesuffolk.net

Cricket Club enquiries

Tory Hughes E: easton1906@gmail.com

Bowls Club enquiries

Mike Cattermole T: 01473 614845

Village News Editor

Clare Owen

T: 01728 745015

E: clareelizabethowen@gmail.com

If you have anything to put in the Village News, please submit by 14th of the month.

Editor's Introduction

Crikey. November already? Where did the last ten months go? I must be getting old.

Interesting magazine this month. The **Stop Deben Solar** Action Group bring us right up to date with what's been happening. The **Bowls Club** would love you to attend their AGM on 3rd November in the Pavilion. They really do need new members to help survive—if you've been thinking about joining but have never quite got round to it, do give them your support. See page 10. As you'll have seen from the front cover, the **Garden-ing Club** have been working well with the **School** on various activities including making bird boxes. The **Village Hall** is still buzzing with activities throughout the week. The **churchyard** has been transformed through the hard work of Peter and Trevor Gill and his son. Take a walk up there and see for yourself. It's amazing! More on page 21. Plus all our regular features of course.

Finally, if you are planning to 'celebrate' Guy Fawkes Night and lighting a bonfire, please don't forget to check any woodpiles for hibernating hedgehogs (or any other wildlife for that matter).

Enjoy!

Clare

Disclaimer. The Editor of Easton Village News produces this newsletter in good faith from articles submitted by local organisations and individuals. No responsibility can be accepted for any inaccuracies contained therein which must be taken up with the relevant organisation or individual.

A Community United Against the Solar Farm Proposal

Our picturesque villages of Easton and Letheringham face a significant challenge with the proposed solar farm, which would span acres with approximately 90,000 solar panels and extensive metal security fencing, visible across our narrow country lanes. The Stop Deben Solar Action Group [SDSAG], a dedicated group of local residents, has been working tirelessly to raise awareness and oppose this development, ensuring our concerns are heard by East Suffolk Council [ESC].



Overwhelming Community Response

To date, nearly 450 objections have been submitted to ESC, reflecting the strong opposition from Easton, Letheringham, and surrounding communities. In contrast, only 35 submissions in support were received, primarily from non-residents. This remarkable response underscores the community's commitment to preserving our villages' character, heritage, and environment. We are grateful to everyone who took the time to voice their concerns.

SDSAG's Efforts and Achievements

SDSAG, formed by about a dozen concerned citizens, has raised thousands to fund our campaign.

Raising Awareness: We've distributed hundreds of leaflets, erected large banners at village approaches, and published articles in previous editions of this magazine to inform residents.

Engaging Expert Consultants: Recognising the complexity of the developer's multiple-page reports on heritage, landscape, wildlife, glint/glare, flooding, and noise, we recruited Steven Stroud, a former Chief Planning Officer at Babergh & Mid-Suffolk Council, to lead our response. Steven reviewed the application, identified grounds for objection, and coordinated three additional specialist consultants in Heritage, Landscape, and Transport. Their comprehensive reports, submitted last month on behalf of SDSAG, robustly challenge the proposal's suitability.

Broad Support from Local Leaders and Neighbours

Our campaign has garnered significant support.

Local MP Patrick Spencer hosted a packed village hall meeting, where attendees unanimously opposed the solar farm. He has since submitted a formal objection, reinforcing our stance.

Adjacent Parishes: Marlesford, Kettleburgh, Parham, Charsfield, Wickham Market, Cretingham, Monewden and Hoo, Hacheston, Dallinghoo, Campsea Ashe, Great Bealings, and Framlingham Town Council have all held meetings and submitted objections to ESC.

Objections have been submitted from both a District and County Councillor

Easton and Letheringham Parish Councils both produced detailed reports highlighting conflicts with the Easton Neighbourhood Plan, road traffic concerns, negative impact on local businesses, loss of prime agricultural land, biodiversity loss, risks of flooding, damage to heritage assets, and disruptions from construction, including a proposed 132kV underground cable along Easton's main thoroughfare and Hacheston Road to a substation opposite Garnetts Nursery.

Alignment with National Goals

SDSAG has joined forces with the UK Solar Alliance, a national group advocating for renewable energy solutions that protect farmland and natural environments. While we support solar power in principle, we firmly believe such projects must be sited in suitable locations.

What Happens Next?

With the objection submission period expected to close soon, ESC Planning Officers will now review the SDSAG's expert reports and the developer's submissions before formulating their recommendation. The timeline remains uncertain, particularly as we identified numerous issues in the developer's application, which may prompt further submissions.

SDSAG will retain Steven Stroud to:

- Maintain dialogue with ESC Planning.
- Monitor the planning portal for new developments.
- Advise on responses to any additional developer submissions.

Should the application proceed to the ESC Planning Committee, we are prepared to deliver a concise, impactful submission to councillors and present our case in person.

A Call to Stay Engaged

We thank our community and neighbours for their unwavering support. The solidarity of 13 parishes, our MP, and local councillors demonstrates the strength of our collective voice. Stay updated via our social media channels and the website, where we share developments and next steps. Together, we can protect our villages' heritage, environment, and quality of life.

October 2025



EASTON PARISH COUNCIL

Update

Where to start this month? First, please accept my apologies for not giving you all an update in last month's Village News, despite a timely reminder from Clare I managed to jet off to sunnier climes without sending her my contribution!

Thanks to everyone who joined us for our village clean up at the start of September. In just a couple of hours we managed to clear paths, trim overgrown bushes, trees and the car park wall, clean road signs, weed and litter pick. It was a great example of the community coming together to make a positive change to our wonderful village and I hope these will become regular events in the calendar moving forward.

We had a very good response to the play area questionnaire, thanks to everyone who responded. I am currently in the process of summarising the results so that the council can discuss the next steps at our November meeting. Please watch this space for further news.

I am also pleased to confirm that the Council has joined the 21st Century! We now have official email addresses which, we hope, will help ease and speed up communications. Our email addresses can be found, along with our telephone numbers, on the inside of cover of this magazine. Please do get in touch if you have anything you want to raise with us. This is, after all, your parish council.

On this note, all parish council meetings are open to all. **Our next meeting is in the Village Hall on Monday 17th November starting at 7:45pm.** It would be lovely to see you there.

Dave Ladbrook



Mobile Library will stop outside The White Horse on Wednesday 12th between 12.25 and 12.45.

What's On in the Village Hall in November



Mondays:

Yoga with Ellie 9 —10.30 am
Pre-booking
E: eleanorpenlo@gmail.com

Strength & Conditioning Class

6—7pm
Call 07748 528048

Tuesdays:

50+ Keep Fit Class 10-11am
£8 per session (block payment per
term of 6/7 weeks)
Contact Clare Hassler on
01728 621247/07769 716761
for more information

Wednesdays:

Pilates with Kelly
Advanced 9.15 am
Beginners/Intermediate 10.30 am
Pre-booking
E: pilateswithkelly@hotmail.com

Table Tennis

6:30pm £5 per session
Contact John on 746644

Thursdays:

Rabble Chorus
8pm
E: Kirsty@rabblechorus.co.uk

Fridays:

Yoga with Ellie 9.15—10.30 am
Pre-booking
E: eleanorpenlo@gmail.com

Sunday Café
16th
10 —11.30 am
Everyone welcome



Parish Council Meeting
Monday 17th
7.45 pm



Natter and Nibbles
Tuesday 18th
2—3.30 pm
Everyone welcome



Christmas Wreath Making
Saturday 22nd
10—12 pm
(see separate poster page 9 with
booking details)

EASTON & LETHERINGHAM VILLAGE HALL

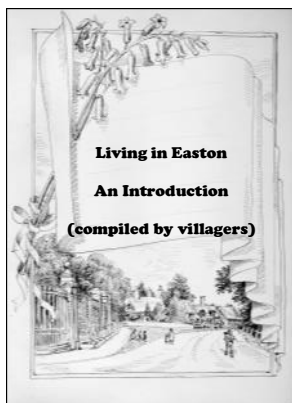


Village Hall Hourly Charges

	OFF PEAK Hourly Rate	PEAK Hourly Rate	WEEKEND NIGHT Hourly Rate
	Mon – Fri Up to 1730	Mon – Thurs 1800 - 2300 Weekend up to 1730	Fri-Sat 1800 - 2300
Individuals	£10.00	£13.00	£15.00
Fully Commercial	£18.00	£21.00	£26.25
Open paid Classes/ Activities	£12.00	£14.00	£17.50
Community	Contribution	Contribution	Contribution



New to Easton Village?



Please let me know if you are aware of anyone who moves into the village. We have always warmly welcomed newcomers and I am now very happily taking on this role. We can also provide the introductory booklet 'Living in Easton' which has lots of helpful information.

Peter Bennett King, 3 Pound Corner
T: 747370 E: thebks@btinternet.com



*Christmas Wreath Making
Easton Village Hall
Saturday 22nd November
10am - 12pm*

The wonderful Tracey will be teaching everyone how to make a Christmas wreath ready to decorate your house this year. Come along and join in this fun village activity and get yourself in the Christmas mood.

£25 per person

This includes a wreath making box with :-

A Ring

Moss

Leaves/cones and a few decorative bits

Wires



Bring your own cutters/scissors/secateurs, plus any other decorations you would like to use.

Refreshments will be provided.

Booking essential - email emmajibbon123@gmail.com to

Easton Bowls Club

Annual General Meeting Monday 3rd November 7 pm in the Bowls Pavilion EVERYONE WELCOME

Please come along to our AGM. We need your help to survive.

As the season has now come to a close and we are putting the green to bed, we are looking forward to next year but we need more members. Why not come along to our AGM and find out more about us? Bowls is for everyone, not just older people. We're a friendly club and want to be able to continue the enjoyment of playing, competing and socialising!

We have three league teams if you would like to get involved competitively, but equally we have four open tournaments a year and Monday pairs throughout the season (from April) for those who want to just enjoy playing. We also hold charity cup days and friendlies.

This year the Club came third in the Woodbridge league, were runners-up in the Fynn A league and won the Fynn B league!

Why not come along to our AGM and find out more about us?

Mike Cattermole

T: 01473 614845

M: 07970 450251

EASTON PRIMARY SCHOOL

It was a busy and exciting start to the autumn term at Easton Primary School. Our new Reception children settled in brilliantly and quickly became a cheerful part of school life. Work on our new toilets began over half term, and the children showed great patience and good humour while we waited for the improvements.

Oak Class (Years 5 and 6) enjoyed an action-packed residential visit to Hilltop Outdoor Centre, where pupils challenged themselves on high ropes, problem-solving tasks, and team activities. Their resilience, teamwork, and kindness made us all proud representatives of Easton.

Our annual Fun Run was another great success, with perfect weather, plenty of smiles and an incredible 327 km covered in total! Congratulations went to Amethyst House for running the furthest combined distance. Huge thanks were given to Sian Kingston and Lizzie Palmer, who organised the event for the past ten years, and to the Easton School Association [ESA] for keeping everyone fuelled with delicious cakes and drinks.

Earlier this term, pupils enjoyed a bird box building workshop, supported by the Easton and Letheringham Gardening Club. It was a fantastic morning of hands-on learning, as the children used real tools to construct their own bird boxes before taking them home to install in their gardens. The activity linked beautifully with our Triangle of Life project, helping children understand how to encourage and care for local wildlife. Our thanks go to the Gardening Club for providing materials, expertise, and inspiration.

We also celebrated World Space Week, which included space-themed lessons, yoga, and a special visit from a planetarium. Every child had the chance to experience the wonders of the universe right here in our school hall.

Looking ahead, we have plenty to look forward to this term, including Children in Need Day and Odd Socks Day in November, followed by our Christmas performances and Christmas lunch in December.



As always, we remain incredibly grateful to our parents, volunteers, and community supporters who make so much possible at Easton Primary.

James Mansell



Easton and Letheringham Community Gardening Club



The gardening club will meet again in the New Year—date to be confirmed.

We last met at the beginning of October to discuss future plans for the gardening club. We would welcome ideas so do please join us for future meetings. We are a friendly and welcoming group of amateur gardeners and can all learn from each other. Everyone welcome.

Work will start on the area in the village adjacent to the wall on the morning of Sunday 26th October. Any additional help will be welcome.



We have continued to support Easton Primary School by assisting in their Triangle of Life project. It has been wonderful seeing the children enjoying their garden and harvesting their home grown fruit and vegetables.

We will resume visiting the school in the new year when we can help the children prepare the garden for spring.

We held a bird box building activity in the school on October 7th. All the pupils from years 5 and 6 made their own blue tit or sparrow box. It was a fantastic session which was educational as well as great fun. The children seemed to really enjoy it (see photos opposite). Thanks to Clarkes of Walsham for subsidising the wood and Mouse and Bear for letting us use their workshop.

We still have a number of bird boxes which will go on sale at the Sunday cafe for £10 each. All proceeds will go back into the gardening club for future projects.



Photos courtesy of James Mansell at the School

For more information on anything Garden Club related, contact

- Sarah Castle ... sjcastle1@hotmail.co.uk
- Claire Balcombe ... clairebalcombe@email.com
- Gerard Newnham ... gerard.newnham@icloud.com
- Steve Parkinson ... stephen.parkinson59@gmail.com



"AUTUMN....THE YEAR'S LAST LOVELIEST SMILE"

WILLIAM CULLEN BRYANT

THE WILDLIFE GARDEN

Leave some seed heads standing to provide shelter and food for wildlife.

Float a ball on pond surfaces to prevent them freezing solid.

Look out for the murmuration of starlings at dusk, gathering in huge swirling masses.

Enjoy looking at the multiple fungi growing in grass and on old wood.

Our hedgehog friends should be hibernating now so avoid disturbing piles of leaves and wood.

GARDENING TIPS

Plant any remaining spring flowering bulbs you may have lurking in the shed.

Either mulch dahlia tubers deeply or dig up and store over winter.

Plant shallots, onion sets and garlic.

Clear old summer bedding from pots and plant winter displays to brighten your garden with some much needed colour.

Last chance to get tender plants under cover before winter frosts take hold.

Protect large planted containers with horticultural fleece if they are too big to move.

Mulch borders now or wait until spring.

Continue to prune fruit bushes.

Bag up fallen leaves and store somewhere out of the way. They will provide fantastic leaf mould in a year or so.

Plant bare root roses.

Take hardwood cuttings.

As hellebores start to flower cut back the older leaves to expose flowers and prevent disease.

Time to take your foot off the pedal in the garden and enjoy planning for next year.

Sarah Castle
RHS Cert.Hort (Level 2)



Poppy Appeal 2025

I will be collecting house to house again this year, just to give you the heads up in case you need to find change. There will also be a box at The White Hors, Easton Primary School and the Farm Park. If I don't manage to get to everyone I apologise, but feel free to either leave a donation in my letterbox (Rose Villa) or at the pub. Thank you in advance for supporting this very worth charity (Royal British Legion)

Anne Parkinson

The Children's Society

Thanks to everyone who had a collection box at home throughout the year. We collected £63.67.

If you would like to have a box at home, please call me.

Julia Smith

T: 746658



The Easton White Horse

What's On in November

Monthly Quiz Night: Thursday 6th

£10 per head, food included

Call to book

A Sense of Place and Time

Autumn 'fireworks'

At this time of year, the change of seasons initiates leaf fall from deciduous trees and shrubs, which depending on weather conditions, can produce a spectacular display of autumn colour.

So why do leaves change colour?

In deciduous plants, as temperatures fall and day-lengths shorten, production of the main photosynthesis leaf pigment - chlorophyll (green) ceases. This makes the other leaf pigments, also involved in photosynthesis, become visible – carotene (yellow) and anthocyanin (reds and pinks).

How prolonged, golden, red, or intense autumn leaf colour is depends on a number of factors such as cold nights, dry weather, sunshine, aspect and species.

Lower temperatures and shorter days also initiate changes in hormone production in plants causing, among other changes, the elongation of cells in the abscission layer found at the base of leaf stalks. This results in the leaf being 'cut-off' from the 'circulatory' system of the tree and so leaves fall.

Once leaves fall, trees and shrubs become dormant, which is an adaptation to surviving when conditions are sub-optimal for photosynthesis – such as the lower temperatures and reduced light levels in winter.





Acetosella



Where in Easton is this?
(Answer page 27)



All Saints Church

Remembrance

Easton has a service on 9th November for Remembrance Sunday, starting at 10.45am.

There will also be a short Act of Worship on Armistice Day, 11th November, in the church at the War Memorial at 10.55am.

Church Services (See table of services for full details)

On 3rd November there will be a benefice Holy Communion service celebrating All Saints at Brandeston All Saints' church at 11am.

There will be a service of Holy Communion at Easton at 11am on 23rd November led by Revd Ann.

A benefice Holy Communion service for Advent Sunday and St Andrew's Day on 30th November will be held at Kettleburgh at 11am. The service will include dedication of the pipe organ.

Sunday Café

Our Sunday Café is on 16th November, 10-11.30am in the Village Hall. We look forward to all the usual yummy food and good company.

Big Breakfast at Hacheston Village Hall

The next Big Breakfast will be on 29th November from 9-11.00am. These are free as outreach to the community (but any donations gratefully received from those who can afford it).

Discussion Group

The Discussion Group meets again on 5th November at Ash Grove, Framlingham at 10.30am. Our topic is St Peter as we were side-tracked to another topic last month! New members are always welcome. If you need a lift, please let me know.

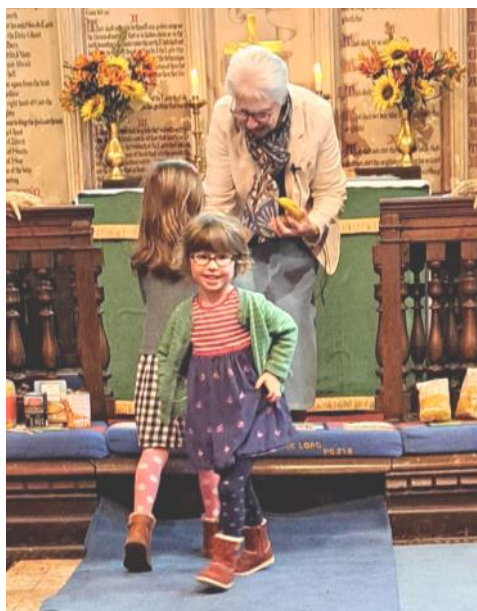
Provisional Dates for your Diary in December

Candlelit Carol Service in church at 6pm on 21st December

Christingle and Nativity Procession 24th December at 10am

Jane Woodbury-Eggins

Harvest Service 12th October



Thanks to Emma Gibbon for the photos.

A Churchyard Transformed

A few weeks ago, among the visitors to All Saints Church, a couple came to research their family's history. Unfortunately, at the time neither easy access around the churchyard nor the visibility of some headstones were possible because of a two visits per annum system by the grounds department at East Suffolk Council. In addition, that service only managed a part of the whole churchyard.

With a funeral and a wedding celebration in the Church's late summer calendar, I believed it would be appropriate to restore better access throughout the churchyard. With the approval of members of the Parochial Church Council and the architect, work was commissioned to restore the area. Fortunately, in keeping with a famous parable, the word on the street was heard by Trevor Gill of Letheringham. He and his son Arthur started clearance of the areas on both sides of the path leading to the south porch.





When term began and Arthur returned to school, Trevor took on the challenging work single-handedly and his stalwart efforts are there for all to see. The fruits of his labours have revealed many formerly hidden gravestones and let light into areas that have been dark spaces for many years. Parts of the crinkle crankle wall in the north eastern section of the churchyard have now been given the light of day.



On behalf of the PCC, I would like to record my sincere gratitude to Trevor for his careful and considered achievements. Please take a stroll up the path and around the churchyard but do take care with your footwork. There is still much to do to improve the area and I am hoping that we will secure the help of some able-bodied souls to maintain this special space.

Peter Bennett-King
Churchwarden

Church Services for November 2025

2 nd	All Saints	11am	Benefice Holy Communion for All Saints	All Saints Brandeston
9 th	 Remembrance Sunday 	10.45am	  Services of Remembrance	Brandeston <i>with Kettleburgh</i>
				Easton
		4pm	Benefice Holy Communion	Parham <i>with Hacheston</i> Campsea Ashe
11 th	Remembrance Day	10.55am	At the War Memorial	Easton
				Campsea Ashe
16 th	2 nd Sunday before Advent	9.30am	Holy Communion	Marlesford
		11am		Parham
		4pm	Evening Prayer	Kettleburgh
23 rd	Christ the King	9.30am	Morning Worship	Brandeston
			Holy Communion	Campsea Ashe
		11am	Holy Communion	Easton
30 th	Advent St Andrew's Day	11am	Benefice Holy Communion <i>with Dedication of Pipe Organ</i>	St Andrew's Kettleburgh

Compline is said at Marlesford every Wednesday at 5pm
 Monday Prayers are at Brandeston at 4pm

Sunday Café

Sunday 16th November

Village Hall

10—11.30 am

Please note our autumn/winter start time.

We now take contactless payments.

You'll be sure of a warm welcome at our monthly café. Come and try it if you never have. There's lots of home made goodies, sweet and savoury, all made by our lovely volunteers. Or how about a bacon roll made with Revetts bacon? All food can be bought to take away and at very good prices (we aim just to cover costs and any profit we do make is sent to charities or donated to the church).

Enjoy catching up with friends, meeting new ones, or reading the Sunday newspapers in our lovely village hall. We've got toys for the children and a covered seating area outside if you'd like to bring your dog along.



EVERYONE WELCOME

Please Note: There will always be someone from the Parish Council at the Sunday Café if anyone wishes to address any issues they may have.

Sponsored by Easton Church



Neighbourhood Watch News for November

Latest Scams Doing the Rounds

WhatsApp Gold scam

Reports of a resurgence of the WhatsApp Gold scam are circulating. The scam installs malware on your phone.

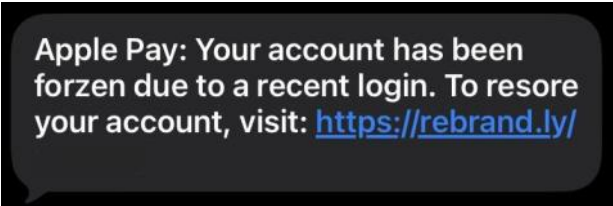
It begins with a WhatsApp message promoting a sham version of the messaging service called 'WhatsApp Gold,' which has special features that can be unlocked by clicking a link.

This link will lead to malware being downloaded to your device.

You can report a WhatsApp message by selecting it in your conversation and tapping 'report'.

To report the sender on WhatsApp, open up the chat, tap on the sender's contact details and select 'block and report'.

Apple impersonation text



Apple Pay: Your account has been forzen due to a recent login. To resore your account, visit: <https://rebrand.ly/>

A scam text impersonating Apple Pay

A scam text claiming to be from Apple tells you that your Apple Pay account has been frozen and provides a link to 'restore' it.

This link will lead to a dodgy website which will attempt to steal your personal and payment information.

Scam texts can be reported by forwarding them to 7726.

TV Licence scam email

Dear Consumer,

We were unable to take a payment for your TV Licence, as your insurer has declined the Direct Debit payment demand.

This may have happened because your details have changed. To make sure you stay licensed, provide updated Direct Debit details promptly. Once you have done this, you can also update any other details if required.

[Update Direct Debit Details](#)

A scam email impersonating TV Licensing

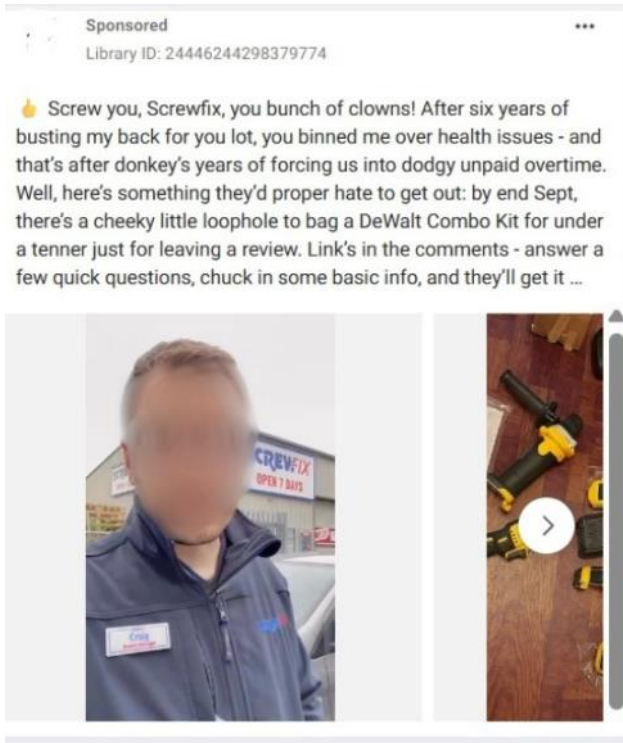
A dodgy email claiming to be from TV Licensing tells you that your direct debit payment has been declined.

It goes on to give you a link to update this, which will most likely lead to a site impersonating TV Licensing to get you to fill in your personal details.

Scam emails can be reported by forwarding them to report@phishing.gov.uk.

Suspicious websites can be reported to the National Cyber Security Centre.

Screwfix scam ads



An advert on Facebook and Instagram claiming to offer a DeWalt 20V MaxPower Tool Kit

Adverts on Facebook and Instagram depicting the fake stories of disgruntled ex-Screwfix employees who claim to know 'a hidden way' to get a DeWalt 20V MaxPower Tool Kit are circulating.

These adverts go on to say that this is a 'limited time offer' and lead to malicious links which will ask for your personal and financial data in order to receive the item.

To report scam ads on Facebook and Instagram, select the three dots in the top right corner and press 'report.'

Suspicious websites can be reported to the National Cyber Security Centre.

EE scam text

EE: We have failed to take payment for your last direct debit. You must update your details now via: <https://>

A scam text message impersonating EE

A dodgy text message impersonating phone network EE tells you that your last direct debit payment failed.

The message is sent from a spoofed UK mobile number and includes a malicious link which will lead to a website intent in stealing your personal and financial information.

Scam texts can be reported by forwarding them to 7726.

Suspicious websites can be reported to the National Cyber Security Centre.

John Owen



Answer to 'Where in Easton is this?'
A side door to the Village Hall.



Christmas PARTIES

AT THE EASTON WHITE HORSE

BOOK NOW



MONDAY 1ST DECEMBER-WEDNESDAY 24TH DECEMBER

Festive feasting menus coming soon

CALL 01728 746456

or email hello@eastonwhitehorse.co.uk



Why did poppies grow on battlefields?

Poppies flourished on battlefields because artillery shelling churned-up the soil, exposing dormant seeds and creating the necessary light and conditions for germination.

Disturbed Soil: The constant shelling from artillery pulverized the soil and brought dormant poppy seeds, which had been buried for years, to the surface.

Nutrient-Rich Environment: Explosive shells contained fertilisers like ammonium nitrate, which provided essential nutrients for poppy growth. The lime from shattered buildings and the presence of organic matter from fallen soldiers and animals also enriched the soil.

Ideal for Poppy Germination:

Scarlet corn poppies (*Papaver rhoeas*) thrive in conditions of disturbed earth and require light to germinate. The combination of physical disturbance and increased nutrients created the perfect environment for a profusion of poppies to bloom.

A Symbol of Remembrance

The poppy's ability to bloom in such bleak and scarred landscapes led to it becoming a poignant symbol of life and resilience amidst death. The Canadian surgeon John McCrae, after losing a friend in World War I, wrote the poem "In Flanders Fields" inspired by the poppies growing on the graves of fallen soldiers, solidifying the flower's association with remembrance.



A Nice Long Walk!

Every answer contains the word "Walk"



1. Michael Jackson's 1988 autobiography - and the dance step he made famous
2. Controversial 1972 Lou Reed hit that begins "Holly came from Miami F L A"
3. Landlady of "The Rovers Return" in Coronation Street from 1960 - 1983
4. Portable audio player launched by Sony in 1979
5. Won Best Supporting Actor Oscar in 1979 for his role in "The Deer Hunter"
6. Former advertising exec. who became the voice of BBC motorsport in 1970s
7. Aerosmith song that was UK number one in 2007 for Sugababes & Girls Aloud
8. The name of Princess Leia's twin brother in the Star Wars films
9. Full 3-word name of the 43rd President of the USA from 2001 to 2009
10. Song from the musical "Carousel", now more famous as a football anthem
11. Pulitzer Prize winning author of the 1982 novel "The Color Purple"
12. Title of 2005 biopic of Johnny Cash, taken from one of his most famous songs
13. 1994 autobiography of Nelson Mandela and the title of 2013 film based on it
14. 1988 book by Bill Bryson about his attempt to hike the Appalachian Trail
15. Number one hit in 1969 for Helen Shapiro (Who was just 14 at the time)
16. Nickname of the office block at 20 Fenchurch Street in London EC3
17. Post apocalyptic US drama series starring Andrew Lincoln as Rick Grimes
18. 1971 movie starring Jenny Agutter as a girl stranded in the Australian Outback
19. Fictional government department in a famous 1970 Monty Python sketch
20. Name shared by a Scotch Whisky brand and a DJ who sadly died in December

Answers page 32

Letter from Framlingham Library

Poetry and me (and a partridge in a pear tree) With Jennie Fontana, an evening talk and poetry readings, Jennie's book *The Great Alignment* is on sale in local book shops. Monday 1st December at 7:00pm book at the library.

Art Exhibition Our next featured Art Exhibition will be by Framlingham Art Society (began 21st October). There are other opportunities from early spring onwards, so please drop in and have a chat if you would like to display your work.

100 Years Celebration In November there will have been a public lending library in Framlingham for 100 years. We will be 'burying' (hiding in the Hay Loft) a time capsule. Please add your comments on Books, Libraries, The Past, The Present and The Future into our post-box, we will then put them on display on Saturday 8th with a coffee morning by The Friends of Framlingham Library and Sunday 9th November before hiding them in the loft.

Fall Prevention Classes These have started but you can still self-refer for a place on one of the Strength and Balance Classes, more information in the library or via the Suffolk Community Libraries website.

NHS App Thank you to everyone who attended our NHS drop-ins and walk-throughs. Our final session is a walk-through on Tuesday 4th November at 3:00pm.

Health and Exercise equipment Did you know that you can borrow health equipment such as blood pressure monitors and exercise equipment such as weighted hoops and kettle bells from the library? Take a look at the health pages of Suffolk Community Libraries.

Free SIM cards If you're struggling to get online, you can get a free SIM card from libraries which are preloaded with data, calls and texts to help reduce digital exclusion. The Good Things Foundation provides the SIMs for free with Suffolk Community Libraries managing the scheme. If you don't have a working mobile phone number or mobile data, it can make life very difficult to apply for jobs or benefits and people in this position are least able to afford a regular mobile phone contract. Full details from the library.

Police Drop-ins Thursday 13th November and Thursday 18th December 10:00-12:00.

Know Another Tuesday 2nd December 10:30-12:30 a drop-in session for those interested in alcohol reduction.

Christmas Stories As part of the Framlingham Christmas celebrations we will be reading stories for children at 3:15pm in the library on Friday 5th December

See you in the library.

Vivia



Natter and Nibbles

Tuesday 21st November

2—3.30 pm

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Answers to 'A Nice Long Walk' Quiz

- | | |
|-----------------------------|-------------------------------|
| 1. Moonwalk | 11. Alice Walker |
| 2. Walk on the Wild Side | 12. Walk the Line |
| 3. Annie Walker | 13. Long Walk to Freedom |
| 4. Walkman | 14. A Walk in the Woods |
| 5. Christopher Walken | 15. Walking Back to Happiness |
| 6. Murray Walker | 16. The Walkie Talkie |
| 7. Walk This Way | 17. The Walking Dead |
| 8. Luke Skywalker | 18. Walkabout |
| 9. George Walker Bush | 19. Ministry of Silly Walks |
| 10. You'll Never Walk Alone | 20. Johnnie Walker |



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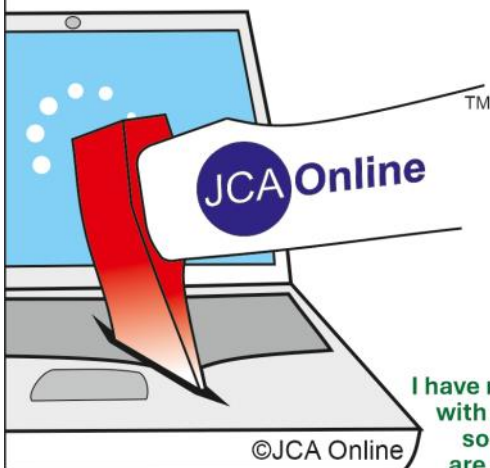
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